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LEKÁRSKA FAKULTA
Univerzita Komenského
v Bratislave



Nutrition and Healthy Aging – NutriAging Final Meeting, Bratislava, 21.09.2022



Institut für Remobilisierung und funktionelle
Gesundheit
Kaiser Franz Josef Spital



Häuser
zum
Leben
Stadt Wien



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Interreg

Slovakia-Austria

European Regional Development Fund

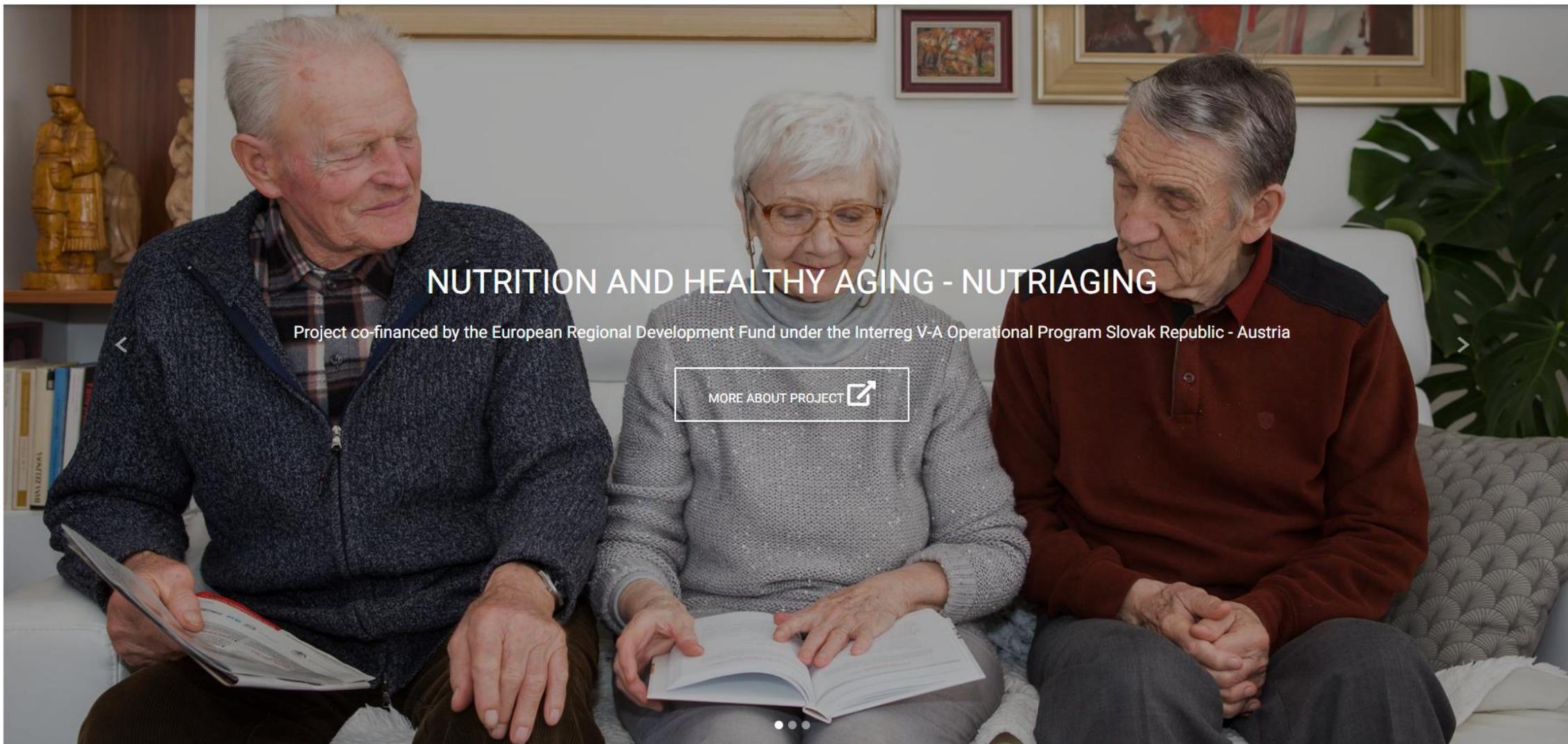


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http://www.nutriaging.eu/#scr_top



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NUTRITION AND HEALTHY AGING - NUTRIAGING

Project co-financed by the European Regional Development Fund under the Interreg V-A Operational Program Slovak Republic - Austria

MORE ABOUT PROJECT 



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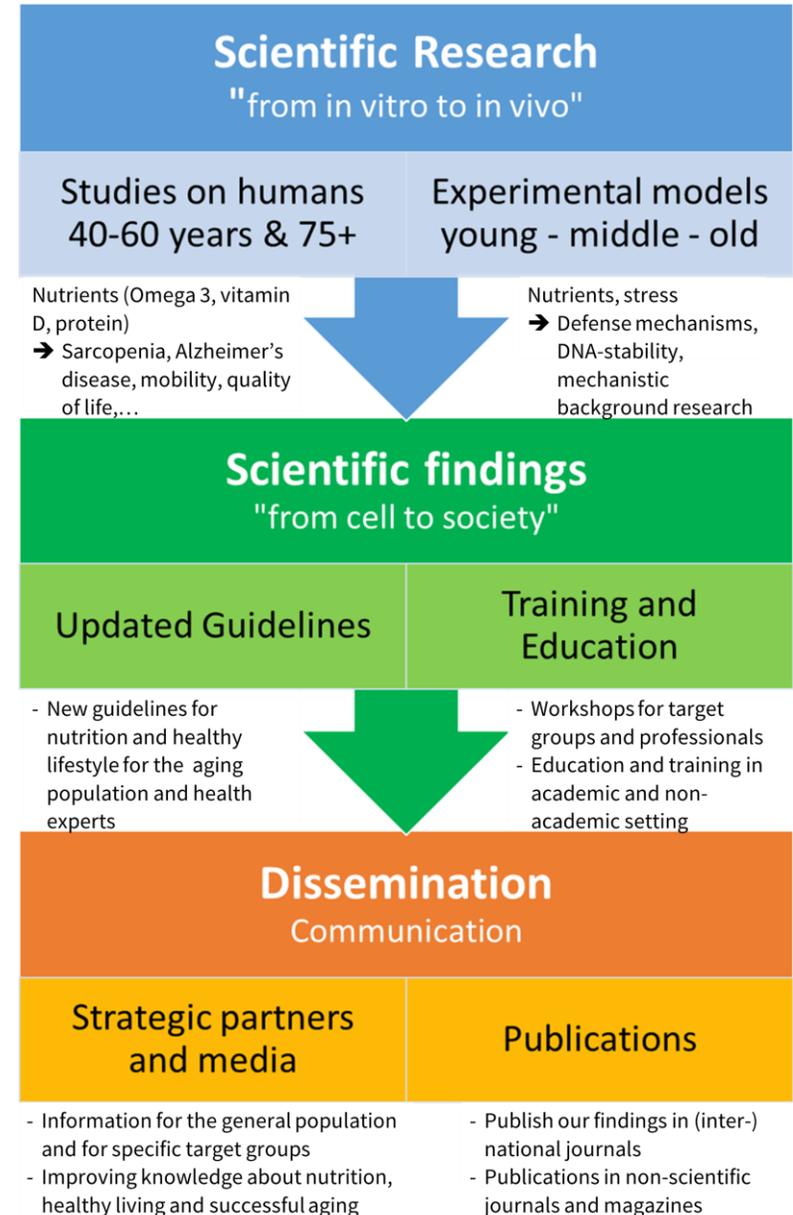
Project Aims

- ✓ to improve the quality of life by raising awareness of healthy nutrition need, which will contribute to the prevention of "unhealthy" aging,
- ✓ to reduce the incidence of age-related diseases such as cardiovascular diseases, rheumatoid arthritis, diabetes mellitus and mental disorders (depressive disorder, Alzheimer's and Parkinson's) in the cross-border region, and reduce the cost of healthcare associated with aging - improving nutrition and health awareness of older people of today and tomorrow, as well as of health care professionals and nurses in the cross-border area of AT-SK,
- ✓ in the research section to monitor the impact of selected nutrients (vitamin D, omega-3 fatty acids and proteins) on the health of the elderly,
- ✓ to identify markers of "healthy" physical and mental aging,
- ✓ to train the elderly of today and tomorrow as well as health care professionals and nursing staff about the role of nutrition in healthy aging.

BACK

Project partners

<p>Project Leader</p>  <p>universität wien</p> <p>University of Vienna Department of Nutritional Sciences Research Platform Active Ageing Centre of Sport Science and University Sports</p>	 <p>LEKÁRSKA FAKULTA Univerzita Komenského v Bratislave</p>
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Strategic partners - Austria

- ✓ Federal Ministry of Health and Women
Representative: Priv.Doz. Dr. Pamela Rendi-Wagner
- ✓ Association of Hospitals in Vienna
Representative: Dr. Eva – Maria Strasser
- ✓ The Vienna Health Support
Representative: Mag. Christian Fessler, Dennis Beck
- ✓ Kuratorium Wiener Pensionistenwohnhäuser
Representative: Mag. Jennifer Obermayr
- ✓ Wien - Magistratsabteilung 13 - Bildung und außerschulische Jugendbetreuung
Representative: Mag. Brigitte Bauer-Sebek
- ✓ Österreichische Gesellschaft für Ernährung
Representative: Mag. Alexandra Hofer

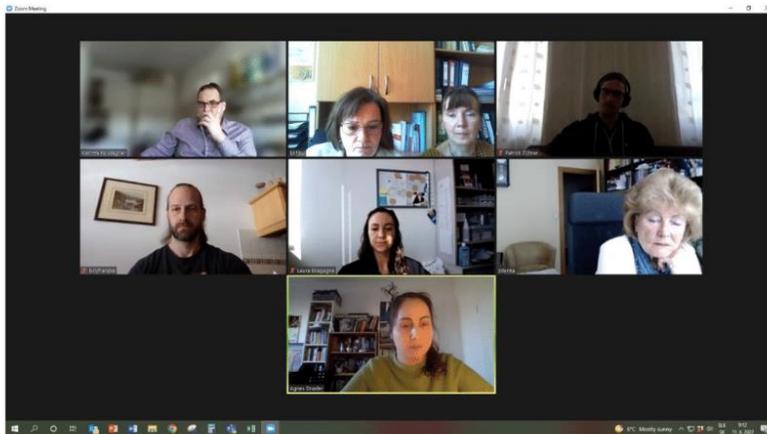
Strategic partners - Slovakia

- ✓ Association of Providers of Social Services of the Slovak Republic
Čachtická 17, 831 06 Bratislava – Rača, Slovak Republic, <http://www.apssvsr.sk/>
Representative: Ing. Milada Dobrotková, MPH, predsedníčka
- ✓ The Unity of Pensioners of Slovakia
Krajská organizácia JDS Trnava, Hlavná 7, 917 01 Trnava, Slovak Republic
Representative: Margita Fabiánová, predsedníčka KO JDS Trnava (pre región trnavského kraja)
- ✓ Bagar Civic Association
Azalková 4, 821 01 Bratislava, Slovak Republic
Representative: PhDr. Miloš Nemeček, prezident OZ Bagar
- ✓ Slovak Gerontological and Geriatric Society
Geriatric Clinic, Faculty of Medicine, Comenius University and FH, Limbová 5, 83301 Bratislava – I
<https://www.geriatri.sk/>
Representatives: Doc. MUDr. Martin Dúbrava, CSc – Head of the Clinic
Prof. MUDR. Silvester Krčméry, CSc. – President of Society
- ✓ Comenius University, Faculty of Physical Education and Sports
Nábřežie arm. gen. L. Svobodu 9, Bratislava, Slovak Republic
Representatives: doc. Mgr. Marián Vanderka, PhD. - dean
Mgr. Ján Cvečka, PhD. – Head of the Diagnostic Center of prof. Hamara

Cooperations Bratislava – Vienna



Before Covid-19



After Covid-19

- 30 joint meetings between 2016 and 2022
- Until 2019 the meetings were onsite alternately Bratislava and Vienna
- Since 2020 most of the meetings were online
- Many hundreds of E-mails were exchanged